

# MILESTONES

## The Second Year

Every child develops skills in different ways, this is a general overview of skills typically developed within the second year by age 2



### FINE MOTOR

- ✓ Points with index finger
- ✓ Removes socks/shoes
- ✓ Stacks 6-7 blocks
- ✓ More controlled scribbles
- ✓ Imitates vertical/horizontal lines.
- ✓ Begins snipping with child scissors (with help)
- ✓ Turns knobs
- ✓ Turns pages one at a time consistently
- ✓ Places simple shapes in large puzzle openings
- ✓ Removes simple clothing items
- ✓ Opens containers (twist lids with effort)



### FEEDING

- ✓ Eats most family foods
- ✓ Uses spoon independently with minimal spilling
- ✓ Uses fork to stab foods
- ✓ Drinks from open cup with good control
- ✓ Bites through harder foods
- ✓ Manages complex textures (sandwiches, layered foods)

**By age 2 child should be ~50% understood by unfamiliar listeners**

Someone other than a parent/caregiver can understand your child's speech.



## Communication

### Language & Social Communication

#### SOCIAL

- ✓ Joint attention well established
- ✓ Attends to a single activity for ~7 minutes
- ✓ Independent play 4-10 minutes
- ✓ Pretend play sequences
- ✓ Parallel play with peers
- ✓ Initiates interactions
- ✓ Turn taking 3-4 exchanges
- ✓ Shares with cues
- ✓ Empathy emerges

#### Receptive

- ✓ Responds to "No"
- ✓ Follows 2 step directions
- ✓ Identifies familiar objects by name or description (body parts, colors, toys etc.)
- ✓ Answers What, Where Questions

#### Expressive

- ✓ Spontaneously requesting
- ✓ Asks simple questions (What's this?)
- ✓ Protests with words
- ✓ 2-word combinations
- ✓ Vocabulary size of at least 50 by age 2 (average 200-300)
- ✓ Uses verbs + pronouns "Daddy go"
- ✓ Utterances are "telegraphic" (e.g., "Look cat") with less grammatical structure.

### GROSS MOTOR

- ✓ Runs with coordination
- ✓ Climbs playground equipment
- ✓ Jumps with both feet off ground
- ✓ Kicks ball forward with direction
- ✓ Throws ball overhand
- ✓ Walks up/down stairs with rail (two feet per step)
- ✓ Stands briefly on one foot (1-2 seconds)

### SPEECH DEVELOPMENT

- ✓ Clearer production of /p, b, m, n, t, d, k, g, w, h/
- ✓ Final sounds in words are starting to emerge.

**The following are NORMAL speech errors for a 2 year old**

- ✓ Cluster reduction ("cool" for school)
- ✓ Final consonant deletion ("be" for bed)
- ✓ Syllable deletion ("tato" for potato)
- ✓ Fronting ("tat" for cat)
- ✓ Stopping ("pavorite" for favorite)

\*If you're not seeing many of these yet early support can make a difference.

Scan here for more information →



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